

# 90 Dialogue Questions

HDIF: *How do I feel?*

- When you greet me warmly after a tough day?
- Knowing that we will always have to work for real closeness in our relationship?
- About the way I/you handle money?
- When I share an uncomfortable feeling with you?
- When we disagree in front of others?
- Planning a romantic evening with you?
- When I see anger or annoyance on your face?
- When I see a characteristic of yours in one of our children?
- When I'm talking to you and you don't seem to be listening?
- When I am naked in front of you?
- When I think about making a will?
- About hugging other people?
- When I realize that God is speaking to me through you?
- When you make a sacrifice for me?
- When I think about our financial position?
- Knowing that today could be our last day to love?
- About us when we hear our favorite song?
- When you lost your patience with me?
- When you are hungry for sex?
- When I am watching you and you don't know it?
- When you give me a sincere compliment?
- Thinking about the first time I knew you were for me?
- When you show me that you love me?
- How do I want you to romance me? HDIF sharing this with you?
- Rereading your 90/90 loveletter from our weekend?
- When time and exhaustion keep us from being lovers?
- When I think you are paying more attention to others than to me?
- When I/you put the children ahead of us?
- When I know we're going to have sex?
- What do I value most in my life? HDIF sharing this with you?
- About the direction our life together is taking?
- Hearing Jesus say these words to me: "The gift you have received, give as a gift."?

DFILD: *Describe fully in loving detail.*

- What is it like when we are separated and I want to be with you? DFILD
- When do I feel closest to you? DFILD

HDMAMMF: *How does my answer make me feel?*

- Do I believe you when you reveal my goodness? HDMAMMF
- What three possessions (not including people) would I take with me if our house was on fire?  
HDMAMMF
- Would I treat God as I did you today? HDMAMMF
- When was the last time I left you a love note? HDMAMMF
- How does our schedule affect our relationship? HDMAMMF
- Do material possessions mean as much to me as they did before our weekend? HDMAMMF
- How does my self-image affect my view of us? HDMAMMF
- How has my confidence in you changed since our weekend? HDMAMMF
- Where am I today, and have I been aware of you? HDMAMMF
- Do I still judge you and try to change your feelings in touchy areas? HDMAMMF
- How much of a couple do I really want to be, and what am I willing to change to be that couple?  
HDMAMMF

HDTMMF: *How does that make me feel?*

- Our love for each other is a reflection of God's love for us. HDTMMF
- Does my attitude toward sex lock some doors in our relationship? HDTMMF
- What is the best way you support me in our relationship? HDTMMF
- What is my reaction when you are sick? HDTMMF
- Where am I most selfish? HDTMMF
- What do I love most about you today? HDTMMF
- What is my most sacred memory of our wedding day? HDTMMF
- When I want you to listen to me, do I also want you to agree with me? HDTMMF
- Do I believe that my/your job is good for our relationship? HDTMMF
- Do I see death as an end to our love relationship? HDTMMF
- Have I been completely honest with you this week? HDTMMF
- What do I think is keeping us out of romance right now/ HDTMMF
- Do I see our sexual relationship as an expression of our total relationship? HDTMMF
- What present would I give you today if I could give you anything? HDTMMF
- What effect has dialogue made in our daily lives? HDTMMF
- Jesus is counting on us to make His love believable. HDTMMF
- What is my greatest fear about my death? HDTMMF
- If I could go back in time with you, what period would I like to revisit? HDTMMF
- Do I go to church to give or to get? HDTMMF
- How do I still let my mask prevent me from putting you number one? HDTMMF

HDIFAT: *How do I feel about that?*

- In what way has our dialogue made us grow in the last week? HDIFAT
- What changes do I have to make to make you number one? HDIFAT
- What is my mask when we have an argument? HDIFAT
- Am I open in our nonverbal communication? HDIFAT
- God expects us to be our brothers' keeper. HDIFAT?
- Where am I with you and God today? HDIFAT?
- Where on my list of priorities did I place our dialogue today? HDIFAT
- What topic gives me the most difficulty in listening to you? HDIFAT
- Since dialogue, am I more comfortable talking about sex and death with other people: HDIFAT
- What quality of yours helps me to decide to be totally honest with you? HDIFAT
- How have I changed since our weekend? HDIFAT
- What quality in myself have I discovered through your eyes? HDIFAT
- Do I think I have lost some of my independence since our weekend? HDIFAT
- What is our best quality as a couple? HDIFAT

WAMF: *What are my feelings?*

- When I realize I have hurt you?
- When I think about living without you?
- When you are passionate? HDIF sharing this with you?
- When I know you are praying for me?
- When we pray together?
- About having God in our relationship?
- When you express need for leisure time?
- When we receive communion together?

WAMFAT: *What are my feelings about that?*

- In what way has our acceptance of each other created a new world for us? WAMFAT?

WAMFA: *What are my feelings about?*

- Your openness to me in our lovemaking?
- Us when I hear "The Impossible Dream" played?